

28th Annual Brown Bag Lunch
Wednesday, March 20



Get your order in before all 2,800 lunches are sold!

Lunch Choices

Insalata Casaburo (Casa's Famous Salad): \$7 each or 20-lunch family-style order for \$140.
Pasta & Meatballs (2) with side Insalata Casaburo: \$9 each or 20-lunch family-style order for \$180.

Go to SCAN's website at www.scanfw.org to get an order form. You can submit your order form via fax to 260-421-5003, mail to 500 W. Main St., Fort Wayne, IN 46802 Attn: Beth B., or via email to bbobay@scaninc.org. Phone orders can be made on **Feb. 19 & 20 ONLY** by calling (260) 750-8032 or (260) 750-8033.

Lunch pickup time is 11 a.m.-1 p.m. at the Fort Wayne Masonic Temple, 216 E. Washington Blvd.

Free delivery for orders of 5 or more meals and for family-style orders.

NOTE: \$2.01 is tax deductible per each individual order and \$40.20 is tax deductible per each family size order.

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SCAN
Preparing parents. Protecting children.
500 W. Main Street
Fort Wayne, IN 46802
www.scanfw.org



Volunteer Focus: John Gildea

It's been said that SCAN's Brown Bag Lunch runs like a well-oiled machine. Perhaps no one knows that better than John Gildea. A CPA and security fund specialist at Lincoln Financial Group, John has been volunteering at the Brown Bag Lunch a few years after it was initiated 28 years ago as a fundraiser for Park Center's Daybreak program.

"In 1998 we delivered approximately 600 lunches," John recalls. In 2004, SCAN assumed Daybreak services, including sponsoring the Brown Bag Lunch. Today 2,800 lunches are made and donated by Casa Restaurants, the vast majority of them delivered. John, along with volunteer Lockwood Marine, plays an important role in the delivery process, serving as driver supervisors. "Being a lifelong resident of Fort Wayne and having a reasonable sense of direction, I look at the routing process as a puzzle with many different parts. All the orders get sorted by what part of town the business is located and the proximity from the downtown area and the requested delivery time. School orders get priority treatment since the teachers have scheduled lunch times," John says. "The planning is interesting – but the day of the Brown Bag Lunch is the most exciting and rewarding, he says. "From the first delivery going out the door to the final order being filled, all in hopefully a 2-hour period, is quite amazing!" An avid golfer, John says, "If I can't be outside playing golf, I enjoy watching it on TV." He and his wife, Debbie, are active at St. John the Baptist Catholic Church. They have a daughter and son, both married, who also live in Fort Wayne. In a few weeks John takes on a new role in life: Grandpa!

SCAN's services are available to all individuals regardless of race, color, gender, sexual orientation, religious beliefs, national origin, veteran status, age and/or mental or physical disability. SCAN is nonsectarian and partially funded by the Indiana Department of Child Services. SCAN is an equal opportunity, affirmative action employer and a 501(c)(3) organization.



SCAN

Preparing parents. Protecting children.
Volume 2: February 2013



There's Nothing Like Your Own Bed
From the desk of Rachel Tobin-Smith, Executive Director

Strong winds were howling outside and sleet was hitting the windows as I crawled into bed one night recently. It had been a long, tiring day at work. I pulled layers of blankets up around me. There is nothing like sleeping in your own bed! I have heard many people over the years tell me they "couldn't wait to get home to their own beds." Sound familiar?

The little ones at SCAN who have been neglected or abused and placed in foster care often wish they were snuggled in their own beds at night, with their own pillows and blankets. They miss home, even if that home was not a safe one. They miss their house, the familiarity of it, even if they are now living with kind, caring foster parents.

One such child, who I'll call J, comes to SCAN each week for supervised visits with mom and dad. This little one is struggling with sleeping in an unfamiliar bed in a different home. The changes have caused this little child to start wetting the bed at night. So J is now embarrassed and even more upset that she is not in familiar surroundings.

The issue has led to more than just wet PJs and sheets. The nighttime wetting causes the bug bites on the little one's legs to become inflamed, raw and sore. J's parents' home was infested with thousands of bugs.

We have made certain J is getting medical care, and the sores are improving. The foster parents are doing everything they can to help J feel safe and loved.

J's parents are making good progress in improving their home environment and their parenting through the spectrum of Family Restoration services provided, including the curriculum used in the Joan Sherman Program for Resilient Children during visits, the Intensive Intervention Team and home-based counseling.

If the parents continue to progress as they are, this little girl will hopefully be back in her home soon, sleeping in her familiar bed with her own pillow and blankets.

In 2012, we helped 576 families such as this one in our Family Restoration program; 7 out of 10 improved their homes and their parenting skills and knowledge so their children could be returned home safely.

Tonight, when you crawl into your own bed, be assured that your support of SCAN is helping children in our community stay in their own homes or return home so they can sleep soundly and securely in their own beds, in a safe home where they feel loved.

Sleep well!

THANK YOU to CASA RESTAURANTS & all our Brown Bag Lunch Sponsors:



As of 1/29/13

Parmesan Partners

Custom Art Pro Resources, Inc.

Anchovy Angels

EPCO Products Inc. NU Insulation
Paris Design Kelly Box & Packaging Corp.
David L. Wade & Associates

Thank you to our In-kind Sponsors:

Cheese Champions

Fort Wayne Masonic Temple Polar Leasing Company, Inc.
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Mozzarella Mentors

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Allen Business Machines Lamplight Inn
The Rogers Company YMCA of Greater Fort Wayne
Three Rivers Barricade & Equipment Co.

BE A BROWN BAG LUNCH SPONSOR

___ Anchovy Angel \$250 ___ Parmesan Partner \$500
___ Mozzarella Mentor \$750 ___ Cheese Champion \$1,000

Sponsors may be recognized on SCAN's webpage, SCAN's Facebook page, at the Brown Bag Lunch and on order forms, depending on level. Thanks to YOU, little ones will be loved, cared for and nurtured.

For more information on the Brown Bag Lunch, please contact Beth Bobay, events manager at (260) 421-5000 x2294 or by email at bbobay@scaninc.org.

The mission of SCAN is to eliminate abuse and neglect of children through family services, education and community partnerships.



In 2012, SCAN directly impacted 18,401 children and adults through these programs and services...

- 891 — Allen County families who received parenting education, case management and referral services through SCAN's **Healthy Families** home-based prevention program.
- 576 — families who received court-ordered services to improve their parenting skills and homes through **Family Restoration**.
- 873 — number of days and nights of loving respite care provided by **Daybreak Crisis Homes** for children whose families are in crisis.
- 965 — families in Allen and 8 surrounding counties who received home-based case management to help them with parenting and other family-related issues through the **Network for Safe Families**.
- 1,512 — families in 8 additional northern Indiana counties who received home-based case management and referral services through **Community Partners for Child Safety**.
- 259 — young adults, all high school dropouts, who participated in **Be Someone Now** to help them complete their GED or high school diploma and gain life and job skills.
- 798 — families going through the pain of divorce who participated in **Family Connections**.
- 35 — fathers who have had little contact with their children who found healthy ways to connect with them through the **Fatherhood Initiative**.
- 5,433— individuals who participated in free, age-appropriate workshops in **Education Services** on such topics as bullying prevention, gun safety, Internet safety and other issues that improve the wellbeing and protection of children.



Calling Employers!

Are you looking for young adults, age 16 to 21, with drive and initiative? Call SCAN! SCAN is training young people through the Be Someone Now program.

Be Someone Now is a program of WorkOne Northeast and provided by SCAN. Contact Sarah McClure to learn more at (260) 421-5000.

Sincere thanks from SCAN

Thank you to these special friends for their generosity

Thank you to the following foundations, corporations and organizations who made gifts of \$250 or more between November 1, 2012 and January 31, 2013 in support of SCAN's programs and services. You are changing lives. Please note: Event sponsors will be recognized at the conclusion of the event.

Aetna Foundation Matching Gifts
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Robert, Carrie and Bobbie Steck Family Foundation
Somerville Charitable Trust
St. Joseph Community Health Fdtn.
Summit Mechanical
United Methodist Women Church of the Covenant
Waterfield Foundation
Wells Fargo Bank



SCAN's Wish List

For Brown Bag Lunch, we are in need of 2,500 sandwich-size, zip-closure plastic bags and 2,500 brown paper lunch sacks. Donations needed by March 1.

Below are other items needed by our families:

Playdough™	Water color sets	Diapers & Pull-Ups™
Construction paper	Glue sticks	Baby wipes
White tube socks	Matchbox™ cars	Baby bath wash/shampoo
Games & puzzles	Board books	Diaper cream
Gas cards	Baby bottles/Sippy cups	Toiletries

Invest in SCAN

Making a donation to SCAN is easy. Visit SCAN's website at www.scanfw.org and click the "Donate" link or call us at (260) 421-5000 to make a contribution by phone. Your donation will make a difference. Together we can prevent child abuse and neglect.

Employee Spotlight: Carolyn Morrison



Carolyn Morrison doesn't spend her days teaching in a traditional classroom, yet teaching is at the heart of all she does as a Healthy Families home-based Family Support Worker.

Carolyn, who joined the SCAN staff in 2000, finds both satisfaction and challenges in helping parents be more knowledgeable and effective.

"I teach parents how to bond with their infants. I teach discipline and teach them the difference between discipline and punishment. A lot of the parents don't know how to discipline because they were never disciplined," Carolyn explains.

Teaching parents to ask questions but also to be discerning of information they receive is an important part of the role of a Family Support Worker.

"Parents get information from a lot of people," she says, but some of the information is incorrect. Maybe Grandma put all her babies to sleep on their tummies, but today we know "back to sleep" reduces SIDS deaths.

"I also teach them about developmental milestones," says Carolyn, who has raised six children and now has three grandchildren. If a child has any delay in motor skills, speech or other areas of development, referrals are made to First Steps or other appropriate providers for early intervention.

"One of the things we teach is that parents should not think of the emergency room as the place to go when the baby has a cold or something minor. We make sure they have a medical home.

"I talk about the importance of reading to the baby, talking to the baby, singing to the baby. I teach them how to do infant massage.

"Parenting skills are taught in baby steps. We must meet parents where they are," she emphasizes. For example, one father who was Carolyn's client had a very unkempt house. "We had to clean the living room before we could even sit down. After a while it became routine that we picked up when I got there. Soon he began to realize what straightening up looked like."

When Carolyn thinks back at all the many parents she has helped, one in particular stands out. She was a teen mom who had not yet finished high school. During weekly home visits, Carolyn helped the young mother learn how to care for her baby and encouraged her to finish school. The biggest challenge for Carolyn was that this mom rarely spoke. When she did, it was one- or two-word sentences. Carolyn gained her trust, and the mom grew in confidence as a parent and in herself.

By the end of services, the young mother had earned an associate's degree, and she and her child had their own place. Mom was initiating conversations and talking in full sentences. "What is most rewarding is working one-on-one in the homes, being hands on," Carolyn says. "To see the positive changes is rewarding."

"Parenting skills are taught in baby steps. We must meet parents where they are."

*Carolyn Morrison,
Healthy Families Family
Support Worker*

Save the date: Weigand Construction Duck Race to Benefit SCAN
Saturday, June 15

Contact Beth Bobay, events manager, by phone or email at (260) 421-5000 x2294 or bbobay@scaninc.org for more information.

Like SCAN on Facebook today and receive updates on events and other agency activities.

